

Parent Club Meeting

dinner and childcare provided

Monday, Nov 17th

5:15pm - Pizza Served

5:30pm - Meeting Starts

6:00pm - Dessert by Janet Brown

Brunsmann Hall



GUEST SPEAKER

Janet Brown | Fitness Trainer & Salad Chef

<http://www.janetssaladstogo.com>

HEALTHY FOODS, PICKY EATERS

MEALTIME SOLUTIONS FOR THE WHOLE FAMILY

November's Parent Club meeting is sure to liven up your taste buds! Come and listen to a local nutritionist share tips and recipes and help solve challenges of feeding the picky eater in your home.

Remember Parent Club meetings include dinner, only this time we'll have a chance to taste healthy desserts as well!

RSVP by Thursday, November 13th

e-mail parentclub@stfranciselem.org

or sign-up on the Parent Club Bulletin Board

(Parent Club Bulletin Board can be found just inside the front door of school)

Please include the number of adults and children attending from your family.

See you there!